

STAR Circle

Advisory and Accountability Group

Dr Miche Fabre Lewin | HeArt Centred Liberation | Living Justice

S * solidarity *

T * trust *

A * accountability *

R * response-ability *

STAR Circle holds me in support, solidarity and accountability for HeArt Centred Liberation, a cultural changemaking practice which is informed by my social, ecological and ritual arts practice. STAR Circle is a small trusted group of creative and pioneering individuals with whom I have a connection, and am in an ongoing relationship of soul solidarity. We are all involved in the realms of social, racial, and ecological justice working within the arts, research, law, reparative restitution, education, repair, healing and contemplative practice. Our commitment is to contributing to communities and a planet free from oppression and degradation to humans, the more-than-human and the Living Earth. All members of STAR Circle have experience or knowledge of HeART Centred Liberation as an experiential and liberatory practice with art and ritual.

HeArt Centred Liberation is a heart ecology of artful, ecological and ritual processes for racial justice and collective liberation. Within this body of work I host HeArt of Change, Loosening the Warp, and White Shadow Circles dedicated to dismantling white body supremacy. This is single identity work specifically for small groups of people racialised as white who are committed to dismantling systemic racism by addressing internalised patterns of white privilege. Within heartfelt and non-judgemental conditions we share, acknowledge, work on, and release the inherited supremacist feelings and behaviours which we carry in our body, mind and psyches. In recognition of our social and ecological interdependence, we gather for collective inquiry and relational healing, working with art and ritual processes for human liberation and ecosystem restoration. HeArt of Change engages in justice practices which contribute to racial justice movements for equity and collective liberation - cultural diversity and biodiversity are entwined.

STAR Circle holds me in Solidarity Trust Accountability Response-ability

These lodeSTARs keep me aware and respectful, transparent and rigorous in the evolution of my own consciousness so that I can continue to be integral and humble in offering art and ritual practices to enliven HeArt Centred Liberation for racial justice.



STAR Circle members



RIKA PREISER

Rika's research engages diverse approaches to more just and life-affirming change through complexity thinking and relational, embodied ways of knowing. She is Associate Professor at Centre for Sustainability Transitions, Stellenbosch University, and UNESCO co-chair on Complexity and Transformative African Futures.



THEO MAYEKISO

Theo is a social and spiritual interventionist and educator. His book *'Being Black: A South African Story That Matters'* traces his life-long quest for true reconciliation. As a minister, he shares Ubuntu as a philosophy and daily practice for opening us to the way of the heart.



ANNA MUDEKA

UK based, award-winning multi-instrumentalist, performer, polymath Anna is a knowledge leader in education and community. Her artistic practice honours her ancestral heritage of Zimbabwe, and celebrates the continent and cultures of Africa. She is founder of the Mudeka Foundation.



KITTY D'COSTA

Born in Kenya, now living in the UK, Kitty has a deep interest in the evolution of consciousness. She facilitates listening circles on racism, environmental and social justice. She hosts secular programmes which embraces ancient wisdoms and contemporary neuroscience.



WILHELM VERWOERD

Wilhelm Verwoerd's life is devoted to deep, intergenerational racial repair, including facilitation and research, with an emphasis on the transformation of white majority religious and higher education institutions rather than the language of 'dialogue'.



FARHANA YAMIN

Farhana is an international climate change lawyer, speaker, author and social justice activist. She has advised small island states on climate change for 30 years. She was the Director of Climate Reframe network which amplifies the voices of climate activists|experts from UK racialized minorities, and supports racialised communities to gain access to nature.

